



# PARENT & ME

Tuesdays and Saturdays  
9:30-10:15am

ADA's "Parent and Me" classes are 45 minutes jam packed with music and dance exploration for you and your little one, ages 1-2yrs. We explore movement through songs, incorporate games and American Sign Language.

Sign up by creating an account here:  
<https://dancestudio-pro.com/online/adanj>

Text or Call (732) 709-7792 or [info@adanj.com](mailto:info@adanj.com) for assistance

