



School Year 2023-2024
September 11th - June 15th

LEVEL 7

Expanding the technical base and
deepening awareness

Our mission is to spread love and joy through the **Art of Dance**.

We are **Experts in the Field of Dance**, and can teach students to reach professional levels; but our approach develops the whole human. Our students gain **self awareness** and **life skills** that extend far beyond the studio!

We are thrilled to have the opportunity to share our **knowledge, expertise** and **passion** with our students and their families in a supportive, inspiring environment. Whether new or returning, we are excited to **welcome you to our community** for School Year 2023-2024!

AT ADA WE TEACH **SO MUCH MORE THAN DANCE.**



In Levels 4 and up, an evaluation class needs to be scheduled for ADA's Half & Full Programs.

Open Enrollment Classes are available to ALL Students based on their age. Simply create an account and enroll!

New students must audition for acceptance into ADA's full program, which is available to Levels 4 and up. Current students are notified of acceptance at time of registration.

ADA's Full Program is designed for aspiring pre professionals who are ready to commit to a mandatory schedule of daily training, rehearsals and performing.



LEVEL 7 APPROXIMATE AGES 10-11

DANCE
TECHNIQUE

EXPRESSION
CONFIDENCE

MUSICALITY
MOVEMENT
QUALITY

JOY
FUN

FOOTWORK
LEGLINE
ALIGNMENT
TURNOUT

COORDINATION
ARM AND HAND
SHAPES
PORT DE BRAS

SELF
AWARENESS
COMPREHENSION

PROGRAM OPTIONS

FULL PROGRAM

DESIGNED FOR STUDENTS AIMING FOR A CAREER IN DANCE OR TO DANCE IN A REPUTABLE COLLEGE PROGRAM ON SCHOLARSHIP

AUDITION REQUIRED FOR NEW STUDENTS

A MANDATORY SET SCHEDULE OF CLASSES

EXCLUSIVE CLASS, COACHING AND PERFORMANCE OPPORTUNITIES

ADA'S ONLY PROGRAM SUFFICIENT FOR THE ASPIRING PROFESSIONAL

HALF PROGRAM

DESIGNED FOR STUDENTS WHO LOVE TO DANCE AND HAVE OTHER INTERESTS AND OR LIMITED AVAILABILITY

NO AUDITION, BUT EVALUATION CLASS REQUIRED

CREATE YOUR OWN 2 OR 3 DAY SCHEDULE INCLUDING VARIOUS STYLES AND PERFORMANCE CLASSES

OPEN ENROLLMENT

DESIGNED FOR STUDENTS DANCING RECREATIONALLY OR AS A TRAINING SUPPLEMENT

NO AUDITION REQUIRED

SUITABLE FOR THE ONCE A WEEK DANCER

INCLUDES MODERN, PILATES & PERFORMANCE OPPORTUNITY IN HIP HOP

FULL PROGRAM
STUDENT
DISPLAYING
LINE &
CONFIDENCE



Photo Credit: sori gottdenker

LEVEL 7 FULL PROGRAM

IS A MANDATORY SET SCHEDULE FOR ADA'S PRE PROFESSIONALS. STUDENTS AIMING FOR A CAREER IN DANCE AND/OR LOOKING TO CONTINUE THEIR DANCE STUDIES AT A REPUTABLE COLLEGE ON SCHOLARSHIP ARE GUIDED TO DEVELOP THEIR POTENTIAL WITH PROFESSIONAL STANDARDS IN MIND. SOME CLASSES ARE SHARED WITH HALF PROGRAM STUDENTS AND/OR OPEN ENROLLMENT STUDENTS, HOWEVER FULL PROGRAM STUDENTS HAVE EXCLUSIVE CLASSES AND OPPORTUNITIES.

FACULTY

TYLER BERIAULT
LUCY GAO
SORI GOTTDENKER
LINDA MINNELLA
NICK MISHOE director
ELAENEE NOWELL
JESSICA TOTARO

BENEFITS

- Heavily Discounted Tuition Rate with Priority School Year Registration & No Registration Fee
- Exclusive Full Program Q&A with Directors 6/17 1:30-2:30
- Exclusive Technique and Performance Classes
- 18hrs Per Year of Excused Absences + Unlimited Make-Ups in Classes at Level 7 or below and, with Permission, in a Higher Level
- Invite to Youth America Grand Prix (YAGP) Competition & YAGP Prep Programs as well as Summer Extravaganza and/or Pre Performance Intensive (add'l fees)
Please note: If invited, Pre Performance Intensive is mandatory for continued invitation to Full Program
- Mid Year, Parent Observed Ballet Assessment with Directors

PRICE

Full Program Classes:
\$615/month
(\$15/hr)

YAGP Variation
Coaching: \$450*

*Add'l Contemporary Solo Coaching Fees Apply

LEVEL 7 **PURPLE** PROGRAM SCHEDULE

MON	Possible Make up class 4:15-5:45 Ballet Foundation & Stretch			Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required <u>Occasional Fridays</u> Between 5:00-8:00 <u>Saturdays</u> Between 1:15-6:45 (incl break) <u>Sundays</u> Between 10:30-6:30 (incl break)
TUES	4:30-5:00 ELAENEE NOWELL Pilates Springboard EXCLUSIVELY Full Program 7 - Group 1 5:00-5:30 ELAENEE NOWELL Pilates Springboard EXCLUSIVELY Full Program 7 - Group 2	5:30-7:15 SORI GOTTDENKER Ballet & Pointe/Pre Pointe EXCLUSIVELY Full Program 7	7:15-7:45 ELAENEE NOWELL Performance Prep: Ballet EXCLUSIVELY Full Program 7	
WEDS	5:30-6:15 JESSICA TOTARO Modern w/Performance Prep Half Program & Full Program 7	6:15-7:45 SORI GOTTDENKER Ballet or Pointe/Pre Pointe w/ Perf Prep Half Program & Full Program 7		
THUR	4:00-5:00 LUCY GAO Ballet Half Program & Full Program 7 5:00-5:30 SORI GOTTDENKER Stretch EXCLUSIVELY Full Program 5 & Full Program 7 <i>Students will alternate between this and Developing the Dancer</i>	5:00-5:30 NICK MISHOE/SORI GOTTDENKER Developing the Ballet Dancer EXCLUSIVELY Full Program 5 & Full Program 7 <i>Students will alternate between this and Stretch</i> 5:30-6:30 SORI GOTTDENKER Pre Pointe Half Program & Full Program 7	6:30-7:15 JESSICA TOTARO Hip Hop w/ Performance Prep Open Enrollment, Half Program & Full Program 7	
FRI	Exclusive Full Program day if coaching for YAGP*			YAGP Coaching* EXCLUSIVELY Full Program Students Additional fee required
SAT	11:00-11:30 LINDA MINNELLA Tap Level 3 Open Enrollment, Half Program & Full Program 5 Open Enrollment, Half Program & Full Program 7 <i>Optional for Full Program Students</i>	11:30-12:30 LUCY GAO Ballet & Pointe/Pre Pointe EXCLUSIVELY Full Program 7	12:30-1:00 TYLER BERIAULT Stretch EXCLUSIVELY Full Program 7	Fridays Between 5:00-8:00 Saturdays Between 1:15-6:45

ADA Students and Director, Nick Mishoe
Performing with The Company of Dance
Arts in The Nutcracker at Count Basie
Center for The Arts



LEVEL 7 HALF PROGRAM

FOR STUDENTS WHO LOVE TO DANCE AND WANT THE FLEXIBILITY TO CREATE THEIR OWN 2 OR 3 DAY SCHEDULE.
STUDENTS CAN TRAIN IN SEVERAL STYLES AND PERFORM!

CLASSES ARE SHARED WITH FULL PROGRAM STUDENTS AND/OR OPEN ENROLLMENT STUDENTS.

FACULTY

TYLER BERIAULT
LEAH BRANDSTETTER
LUCY GAO
SORI GOTTDENKER
LINDA MINNELLA
ELAENEE NOWELL
JESSICA TOTARO

BENEFITS

- Discounted Tuition Rate
- No Audition Required, but Evaluation Needed
- Flexible Scheduling: Choose 2 or 3 days
(for 4+ days per week, please consider Full Program)
- Classes in All Styles
- Performance Classes & Consideration for Exclusive Performance Opportunities
- Make-Up Classes Available at or Below Level 7
- Consideration for Invite Only Summer Programs (add'l fees)
- Mid Year, Parent Observed Ballet Assessment w/Directors

TUITION INFO

- See schedule for approximate cost per month
- Tuition is billed monthly.
Students may withdraw by the 15th of the month with no further obligation

LEVEL 7 HALF PROGRAM SCHEDULE

MON	Possible Make up class 4:15-5:45 Ballet Foundation & Stretch		Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required <u>Occasional Fridays</u> Between 5:00-8:00 <u>Saturdays</u> Between 1:15-6:45 (incl break) <u>Sundays</u> Between 10:30-6:30 (incl break)	Approximate Price Range for 2 Day Half Program \$350-425	Approximate Price Range for 3 Day Half Program \$450-540
TUES	Exclusive Full Program day				
WEDS	5:30-6:15 JESSICA TOTARO Modern w/Performance Prep Half Program & Full Program 7	6:15-7:45 SORI GOTTDENKER Ballet or Pointe/Pre Pointe w/ Performance Prep Half Program & Full Program 7			
THUR	4:00-5:00 LUCY GAO Ballet Half Program & Full Program 7 5:00-5:30 ELAENEE NOWELL Pilates w/ Props Open Enrollment & Half Program 5 Open Enrollment & Half Program 7 Open Enrollment, Half Program & Full Program 9	5:30-6:30 SORI GOTTDENKER Pre Pointe Half Program & Full Program 7			
FRI	Exclusive Full Program day				
SAT	11:00-11:30 LINDA MINNELLA Tap Level 3 Open Enrollment, Half Program & Full Program 5 Open Enrollment, Half Program & Full Program 7 <i>Optional for Full Program Students</i>	11:30-12:00 TYLER BERIAULT Pilates Open Enrollment, Half Program & Full Program 5 Open Enrollment & Half Program 7	12:00-1:30 LEAH BRANDSTETTER/TYLER BERIAULT Stretch, Ballet Foundation (12-1) & Modern Foundation (1-1:30) Half Program 7 Ages 10+		

PERFORMANCE PREP CLASSES

Any classes that include “Performance Prep” or “Perf Prep” in their title are creating a piece for the End Of Year Performance. In January, students sign a commitment form, and pay a nominal fee. Excellent attendance is required in all Perf Prep classes so that the class can progress and create as a cohesive group. 3 absences between January-April may result in removal from the piece.

ADA’s End of Year Performance is typically held at a professional theater. A definite date between early May and mid June will be announced when we have secured a date with the theater.



LEVEL 7 OPEN ENROLLMENT

FOR STUDENTS DANCING RECREATIONALLY OR AS A TRAINING SUPPLEMENT FOR OTHER ACTIVITIES.
CONSISTS OF SEVERAL CLASS CHOICES AND INCLUDES A PERFORMANCE CLASS.
CLASSES WILL BE SHARED WITH HALF AND/OR FULL PROGRAM STUDENTS.

FACULTY

TYLER BERIAULT
LEAH BRANDSTETTER
LUCY GAO
LINDA MINNELLA
ELAENEE NOWELL
JESSICA TOTARO

BENEFITS

- No Audition Required; Simply Create an Account & Enroll!
- Classes in Various Styles (for 3+ classes per week, please consider Half Program)
- At Least 1 Performance Class
- Make-Up Classes Available at or Below Level 7

TUITION INFO

- See schedule for cost per month
 - Tuition is billed monthly. Students may withdraw by the 15th of the month with no further obligation

LEVEL 7 OPEN ENROLLMENT CLASS SCHEDULE

MON	4:15-5:45 LUCY GAO \$157.50/mo Ballet Foundation & Stretch Ages 10+		<p>Additional Rehearsals with CODA (Company of Dance Arts) Additional fee required</p> <p><u>Occasional Fridays</u> Between 5:00-8:00</p> <p><u>Saturdays</u> Between 1:15-6:45 (incl break)</p> <p><u>Sundays</u> Between 10:30-6:30 (incl break)</p>
TUES	Exclusive Full Program day		
WEDS	Exclusive Half & Full Program day		
THUR	5:00-5:30 ELAENEE NOWELL \$52.50/mo Pilates w/ Props Open Enrollment & Half Program 5 Open Enrollment & Half Program 7 Open Enrollment, Half Program & Full Program 9	5:30-6:30 JESSICA TOTARO \$105.00/mo Hip Hop w/ Performance Prep Open Enrollment, Half Program & Full Program 5 Open Enrollment 7 AND/OR 6:30-7:15 JESSICA TOTARO \$78.75 Hip Hop w/ Performance Prep Open Enrollment, Half Program & Full Program 7	
FRI	Exclusive Full Program day		
SAT	11:00-11:30 LINDA MINNELLA Tap Level 3 Open Enrollment, Half Program & Full Program 5 Open Enrollment, Half Program & Full Program 7 <i>Optional for Full Program Students</i> 11:30-12:00 TYLER BERIAULT \$52.50/mo Pilates Open Enrollment, Half Program & Full Program 5 Open Enrollment & Half Program 7	12:00-1:30 LEAH BRANDSTETTER/TYLER BERIAULT Stretch, Ballet Foundation (12-1) & Modern Foundation (1-1:30) Half Program 7 Ages 10+	

DRESS CODE

- ADA WELCOMES STUDENTS OF ALL GENDER IDENTITIES & EXPRESSIONS AND BELIEVES IN FOSTERING AN INCLUSIVE ENVIRONMENT
- ADHERING TO A SIMPLE DRESS CODE CREATES A FOCUSED CLASSROOM AND DISPLAYS RESPECT FOR THE ART OF DANCE
- PLEASE SELECT FROM THE BELOW LIST OF ACCEPTABLE CLASSWEAR AND APPEAR NEAT & TIDY FOR CLASSES
- PLEASE STYLE HAIR SECURELY AWAY FROM FACE IN A BUN OR SIMILAR AND/OR WITH A HEADBAND AND/OR USING PRODUCT
- UNIFORM ITEMS MUST BE PURCHASED IN OUR ONLINE STORE
- OPTIONAL ADDITIONAL ITEMS ARE ALSO AVAILABLE FOR PURCHASE IN OUR ONLINE STORE
- ITEMS NOT AVAILABLE IN OUR ONLINE STORE ARE AVAILABLE AT COPPELIA IN SPRING LAKE OR ONLINE AT DISCOUNT DANCE SUPPLY
- ITEMS SHOULD BE ORDERED AS SOON AS POSSIBLE; ORDERS TAKE 4-6 WEEKS TO ARRIVE

BASIC DRESS CODE ITEMS

UNIFORM LEOTARD*
WITH SKIN COLORED TIGHTS AND SHOES

AND/OR

BLACK FOOTLESS TANK UNITARD
WITH WHITE SOCKS AND WHITE SHOES
OR SOCKLESS WITH SKIN COLORED
SHOES

*IN ONLINE STORE UNDER "UNIFORMS"

OPTIONAL ADDITIONAL ITEMS

BLACK, WHITE OR UNIFORM COLOR
CLOSE FITTING TEE*

COLORLED TUTU*
(FOR USE DURING CLASS W/TEACHER PERMISSION)

ADA WARM UPS*
(ONLY FOR FIRST PART OF CLASS W/TEACHER PERMISSION)

*AVAILABLE IN ONLINE STORE

SECURITY

- AS PART OF ADA'S ONGOING COMMITMENT TO STUDENT, FACULTY & STAFF SAFETY, EVERYONE ENTERING ADA'S FACILITY MUST HAVE AN ACCESS CARD BY OCTOBER 15th. CARDS NOT ORDERED BY OCTOBER 14th WILL BE ADDED TO NOVEMBER TUITION.
- ACCESS CARDS CAN BE PURCHASED IN THE ONLINE STORE AND THEN PICKED UP AT ADA'S RECEPTION WINDOW. PRICING IS AS FOLLOWS:
 - \$25 FOR 1 CARD
 - \$45 FOR 2 CARDS
 - \$60 FOR 3 CARDS
 - \$75 FOR 4 CARDS



ADA's Exceptional Referral Program:

Bring a friend to dance at ADA and if they register for the school year you get \$100 off May tuition*!

*referred student must be enrolled for at least 3 months of the school year



Photo Credit: sori gottdenker

DANCE WITH US IN LEVEL 7

Register through your portal at: <https://dancestudio-pro.com/online/adanj>

Or Contact our Experienced Office Staff for Assistance: info@ADANJ.com 732.842.9262