



# LEVEL 3

School Year 2021-2022  
September 13th-June 18th

Discovering the Art and  
Technique of Dance

Our mission is to spread love and joy through the **Art of Dance**.

We are **Experts in the Field of Dance**, and can teach students to reach professional levels; but our approach develops the whole human. Our students gain **self awareness** and **life skills** that extend far beyond the studio!

We are thrilled to have the opportunity to share our **knowledge, expertise** and **passion** with our students and their families in a supportive, inspiring environment. Whether new or returning, we are excited to **welcome you to our community** for School Year 2021-2022!

AT ADA WE TEACH **SO MUCH MORE THAN DANCE.**



Students must be evaluated for placement into all of ADA's Levels. This can happen either in person or online and is scheduled through the office.

Open Enrollment Classes are available to ALL Students at the recommended level.

The Half Program is available to Levels 5 and Up.

New students must audition for acceptance into ADA's full program, which is available to Levels 4 and up. Current students are notified of acceptance at time of registration. It is designed for aspiring pre professionals who show that they are ready to commit to a mandatory schedule of daily training, rehearsals and performing.

A Modern Full Program is available for Intermediate and Advanced Students who wish to shift their concentration after progressing through the levels.



ADA STUDENT  
DISCOVERING  
SELF  
EXPRESSION



# FOCAL POINTS FOR LEVEL 3

APPROXIMATE AGES 6-7

VOCABULARY

TECHNIQUE

CONFIDENCE

EXPRESSION

MUSICALITY

JOY

FUN

POINTED  
FEET

STRAIGHT  
LEGS

POSTURE

COORDINATION

CORE STRENGTH

ATTENTION SPAN

ADA's Young Dancers Experience the JOYS of Dance, Music, Imagination & Creativity While Learning Technique!

All Classes are Open Enrollment

No Audition Required

Includes Performance Opportunities in Ballet (in studio) and Hip Hop (in theater)

Appropriate For the Once a Week Dancer

Mid Year, Parent Observed Ballet Assessment with Directors; Available by Request and for an Additional Fee

## LEVEL 3 SCHEDULE

MON

4:00-5:00 LEAH BRANDSTETTER

**Ballet**

Level 3 and Open Enrollment & Half Program 5

5:00-6:00 ELAENEE NOWELL

**Hip Hop w/ Performance Prep**

Level 3 and Open Enrollment, Half & Full Program 5

TUES

WEDS

3:45-4:30 JESSICA TOTARO

**Modern**

Level 3 and Open Enrollment 5

THUR

FRI

5:00-6:30 LEAH BRANDSTETTER

**Ballet w/ Performance Prep**

Levels 1 & 3

SAT

12:00-1:15

**Ballet & Stretch** LEAH BRANDSTETTER

Level 3 and Open Enrollment & Half Program 5

1:15-2:00 LINDA MINNELLA

**Tap**

Level 3 and Open Enrollment, Half & Full Program 5

### PRICE RANGES

1 CLASS: \$75-\$150/month  
 2 CLASSES: \$150-\$275/month  
 3 CLASSES: \$250-\$375/month  
 4 CLASSES: \$350-\$475/month

Exact tuition is calculated as  
 classes are selected during  
 registration

**Additional Rehearsals with CODA  
 (Company of Dance Arts)**

Additional fee required

**Occasional Fridays:**

**4:00-5:00 or 6:30-7:30**

**Saturdays:**

**Between 2:30-6:30**

**Sundays** (When no Friday rehearsal)

**Between 11:00-6:00**

Rehearsal times will vary. Younger dancers generally do  
 not rehearse for more than a couple of hours at a time

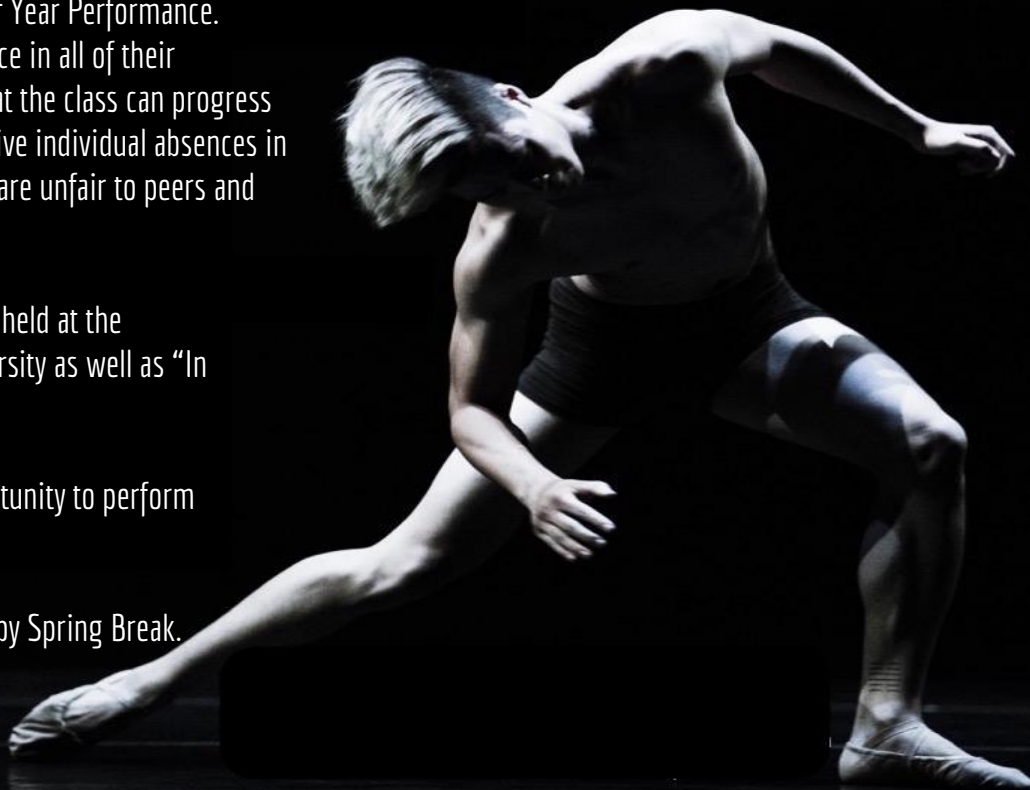
## About Performance Preparation Classes

Any classes that include Performance Prep in their title are geared towards creating a piece for the End Of Year Performance. Students must maintain 90% attendance in all of their performance preparation classes so that the class can progress and create as a cohesive group. Excessive individual absences in these classes hold back the group and are unfair to peers and teacher.

End of Year Performances are typically held at the Mastrobuono Theater at Rutgers University as well as “In Studio “

Students in Level 3 will have the opportunity to perform in both venues.

Performance Dates will be announced by Spring Break.



# DRESS CODE

- ADA WELCOMES STUDENTS OF ALL GENDER IDENTITIES & EXPRESSIONS AND BELIEVES IN FOSTERING AN INCLUSIVE ENVIRONMENT
- ADHERING TO A SIMPLE DRESS CODE CREATES A FOCUSED CLASSROOM AND DISPLAYS RESPECT FOR THE ART DANCE
- PLEASE SELECT FROM THE BELOW LIST OF ACCEPTABLE CLASSWEAR AND APPEAR NEAT & TIDY FOR CLASSES
- PLEASE STYLE HAIR SECURELY AWAY FROM FACE IN A BUN OR SIMILAR AND/OR WITH A HEADBAND AND/OR USING PRODUCT
- UNIFORM ITEMS MUST BE PURCHASED IN OUR ONLINE STORE
- OPTIONAL ADDITIONAL ITEMS ARE ALSO AVAILABLE FOR PURCHASE IN OUR ONLINE STORE
- ITEMS NOT AVAILABLE IN OUR ONLINE STORE ARE AVAILABLE AT COPPELIA IN SPRING LAKE OR ONLINE AT DISCOUNT DANCE SUPPLY
- ITEMS SHOULD BE ORDERED AS SOON AS POSSIBLE; ORDERS TAKE 4-6 WEEKS TO ARRIVE

## **BASIC DRESS CODE ITEMS**

WHITE COLORED UNIFORM DANCE  
DRESS\* WITH SKIN COLORED TIGHTS  
AND SHOES

BLACK FOOTLESS TANK UNITARD WITH  
WHITE SOCKS AND WHITE SHOES OR  
SKIN COLORED SHOES

\*IN ONLINE STORE UNDER "UNIFORMS"

## **OPTIONAL ADDITIONAL ITEMS**

BLACK OR WHITE COLORED UNIFORM  
CLOSE FITTING TEE\*

FACE MASK\*\*

ADA WARM UPS\*\*  
(ONLY FOR FIRST PART OF CLASS W/TEACHER PERMISSION)

\*\*IN ONLINE STORE UNDER "ACCESSORIES"

## ADA's exceptional Referral Program:

Bring a friend to dance at  
ADA and if they register  
for the school year you  
get one month free\*!

\*Credit valid anytime after the referred student has  
attended 2 months of the school year.





# DANCE WITH US IN LEVEL 3

Register through your portal at:

<https://dancestudio-pro.com/online/adanj>

Or Contact our Experienced Office Staff for Assistance:  
info@ADANJ.com      732.842.9262